

RESOURCE **GUIDE**

COUNSELING AGENCIES

Anchor Counseling

3900 Laylin Road, Suite A
Norwalk, OH 44857
(419) 663-2657
Individual, Marriage & Relationship Counseling
Christian Based Counseling Services

Bayshore Counseling Center

1218 Cleveland Road
Sandusky, OH 44870
(419) 626-9156

201 Madison Street
Port Clinton, OH
419-734-5535
Outpatient Individual, Family, Child and
Substance Abuse Counseling

The Center for Mental Health & Well-Being at Memorial Hospital

715 South Taft Avenue
Fremont, OH 43420
(419) 334-6619
Outpatient
Medicare & Medicaid accepted
ADD/ADHD, Eating Disorders, Gay/Lesbian Issues
& Chemical Dependency

Cornerstone Counseling of Bellevue, LLC

817 Kilbourne St., Suite G
Bellevue, OH 44811
(419) 483-9411
Outpatient Individual, Marital, Adult, Child,
and Family Counseling (Christian-based, take
insurance, no sliding fee scale)

Arrowhead Health Care of Ohio

1725 Timber Line Road
Maumee, OH 43537
(419) 891-9333
1-800-547-5695
Dual Diagnosis facility (Substance Abuse and
Mental Health Diagnosis)
Inpatient treatment facility for adults
Outpatient for adults

Associated Bay Area Counselors

1319 Hull Road
Sandusky, OH 44870
(419) 625-1686
Accept Medicare/ Medicaid, discounts for cash pmts.
Licensed Social Worker on staff that works well with
teens

Association for Private Counseling

501 W. Perkins Ave.
Sandusky, OH 44870
(419) 621-8551

Children's Safe Harbor at the Toledo Children's Hospital

2109 Hughes Dr.- Jobst Tower, Suite 640
Toledo, OH
(419) 291-8892
Outpatient
Assessment, Therapy (individual & family) and
Medication Management Services for ages 3-18
Psychiatry, chemical dependency and dual diagnosis
services also provided.

COUNSELING AGENCIES CONT.

The Giving Tree

Port Clinton Office
335 Buckeye Blvd.
Port Clinton, OH 43452
(419) 734-2942

Oak Harbor Office

11969 State Route 105
Oak Harbor, OH 43440
(419) 898-0077
Outpatient Individual, Marital, Adult, Child, Family
and Substance Abuse Counseling
Groups: Sexual Offenses and Domestic Abuse
Counseling (1-866-734-2942)
www.givingtreecounseling.com
**** Sliding Fee Scale for Erie & Ottawa County only**

Healing Trails

4317 ½ State Route 269
Castalia, OH 44824
(419) 684-9750
Traditional & Equine Psychotherapy services
Individual & Family Counseling
**** Sliding Fee Scale**

Lutheran Social Services of Ohio

512 East State Street
Fremont, OH 43420
(419) 334-3431
Teen Intervention for ages 13-19
Individual, Group and Drug/Alcohol Counseling
Anger Management Services provided
Play therapist for ages 3 & up
**** Sliding Fee Scale**

Norwalk Counseling Services

85 Benedict Avenue, Suite 100
Norwalk, OH 44857
(419) 668-9675
Outpatient counseling – Private firm
Evenings, Friday and Saturday
Sliding Fee Scale, do not take insurance

Firelands Counseling and Recovery Service (5)

Outpatient Individual, Family, and Child Counseling
****Sliding Fee Scale**

1. Bellevue Office

1400 W. Main Street, Bldg. #1 Suite E
Bellevue, OH 44811
(419) 483-6516
1-888-739-6052
(No charge for assessments of Huron Co. residents
only.)

2. Fremont Office

675 Bartson Road
Fremont, OH 43420
(419) 332-5524
1-888-332-5529
{Spanish Interpreter available}

3. Tiffin Office

76 Ashwood Road
Tiffin, OH 44883
(419) 448-9440
1-888-448-9445

4. Norwalk Office

292 Benedict Avenue
Norwalk, OH 44857
(419) 663-3737
1-800-242-5393

5. Sandusky Office

2020 Hayes Avenue
Sandusky, OH 44870
(419) 557-5177
1-800-342-5177
Ask for Mental Health and Chemical Dependency

COUNSELING AGENCIES CONT .

Northern Ohio Psychological Services

1522 E. Perkins Avenue
Sandusky, OH 44870
(419) 624-1277

Successful Relationships

124 C Cleveland Road
Norwalk, OH 44857
(419) 660-0533
Outpatient Individual, Marital, Family,
Child, and Adult Counseling
Pastoral/Christian-based counseling
Sliding Fee Scale, No insurance

Path Choices Counseling Associates

158 East Market Street
Sandusky, OH 44870
(419) 621-7333
3 child developmental specialists on staff.
Offices in Port Clinton and Norwalk
Take a variety of insurance, No Medicaid

University Medical Center (formerly MCO)

Kobacher Center
3130 Glendale Avenue
Toledo, OH 43614
(419) 383-3815
Inpatient Homicidal & Suicidal Intervention
Outpatient & Partial Hospitalization for Children
ages 3-17

PSYCHIATRIC REFERRALS

Dr. Jane Broering-Ammons & Associates

1627 Henthorne, Suite B
Maumee, OH 43537
419-866-8232

Dr. Catherine Holladay

Sandusky
419-624-8330

Dr. Rao Lalitha

Tiffin
419-447-9993
Adults only

Mental Health Services- Fremont

Dr. Cynthia Evans (18 yrs. and older)
Dr. Rytwinski (adults only)
Dr. Hoelzle (16 yrs. & older)
419-334-6619

Dr. Eileen McGee

Psychiatrist/Pediatrician- Firelands
419-557-5177
Her specialty is with children

Firelands- Fremont

Dr. Mike Hottos (Child Psychiatrist)
Dr. Arthur O'Leary (adults only)
419-332-5524

Dr. Han Lee

Sandusky
419-626-8679
Adults only

Dr. Ih Foo Lin

Sandusky
419-626-1618

Dr. Carlos Lowell

Sandusky
419-627-9289
Susan Lowell (Mental Health Counseling)

COMMUNITY PROGRAMS

Alateen

St. Paul's Lutheran Church
143 W Forest St.
Clyde, OH 43410
(419) 547-9225
Meetings: Thurs. evenings- 8 p.m.
Contact Mary Nigro (419-359-1758)

Norwalk First United Methodist Church
60 W. Main Street
Norwalk, OH 44857
(419) 668-1938
Meetings: Tues. evening- 8 p.m.

Alcoholics Anonymous (AA)

First United Methodist Church
901 Northwest St.
Bellevue, OH 44811
419-483-4260
Thurs. eve-6:30 p.m. & Sat. 3-5 p.m.

St. Paul's Episcopal Church
285 W. Main St.
Bellevue, OH 44811
(419) 483-4628
Meetings: Fri. evenings- 8 p.m.

Ohio Veterans' Home
1501 Milan Rd., Suite 2
Sandusky, OH 44870
1-888-683-9768

Connecting Point Assistance Center

1212 Cherry Street
Toledo, OH 43608
(419) 243-1001
Crisis intervention for runaways & independent living programs; adolescent drug counseling/treatment

ROY (Reach Our Youth) Mentoring Program

This is the Big Brother/Big Sister Program for Huron Co.
2 East Main Street
Norwalk, OH 44857
(419) 663-2525 ext. 238
1-on-1 mentoring program for ages 6-18
Director: Kathy Koftz

Alanon

St. Paul's Episcopal Church
285 W. Main St.
Bellevue, OH 44811
(419) 483-4628
Meetings: Fri. evenings- 8 p.m.

First Presbyterian Church
120 S. Park Ave.
Fremont, OH 43420
419-334-7171
Meetings: Mon. evening- 8 p.m.
Offer AA meetings as well

Big Brothers & Big Sisters

Erie & Seneca County
904 West Washington
Sandusky, OH 44870
(419) 626-8694

Hospice of Memorial Hospital

430 South Main St.
419-547-6419
Offers various grief/bereavement groups, camps & programs

Stein Hospice

Teen & Children's programs
1200 Sycamore Line
Sandusky, OH 44870
1-800-625-5269

Autism Spectrum Kids

Fisher-Titus Medical Center
272 Benedict Ave.
Norwalk, OH 44857
419-663-1975 ext. 3040
Educational seminars, referral resources, phone consultation, outreach programs, classes for children and families, and promotion of autism awareness

SHELTERS

Battered Women's Shelter

1018 Jefferson Street YWCA
Toledo, OH 43608
(419) 241-3235
Check out website for various services offered
www.ywcatoledo.org

First Step Shelter

1099 Columbus Ave.
Fostoria, OH 44830(419)
435-7300 or 1-800-466-6228
Offer various programs for battered women and
healthy relationships

Safe Harbour Domestic Violence Shelter

PO Box 2616
Sandusky, OH 44870
(419) 626-2200
1-800-953-2207
School presentations (Expect Respect) on dating
Violence for Jr. High & High School students

Liberty Shelter

Homeless Shelter/Case Management
1421 E. State Street
Fremont, Ohio 43420
(419) 332-8777
No fee for 30 days

Rescue Mental Health Services & Shelter

3350 Collingwood Blvd.
Toledo, OH 43610
(419) 255-9585

The Shelter

P.O. BOX 1524
Mansfield, OH 44901
(419) 774-5849
1-800-931-SAFE (7233)

HOTLINES

FIRST CALL FOR HELP

419-334-2720

USA NATIONAL SUICIDE HOTLINE

1-800-784-2433 OR 1-800-273-8255

FIRELANDS COUNSELING & RECOVERY MENTAL HEALTH AND CHEMICAL DEPENDENCY HOTLINE

1-800-826-1306

ASSISTANCE TO FAMILIES IN NEED

Fish & Loaves Food Pantry

203 Maple St.
Bellevue, OH 44811
419-484-2814
Open on Wed. from 1:30-5:00

St. Vincent DePaul

ICS Rectory
231 E Center St.
Bellevue, OH 44811
419-483-3417

Pass It On Clothing Closet

203 Maple Avenue, Suite B
Bellevue, OH 44811
Open Wednesdays 11 a.m.- 5 p.m.
1st Saturday of the Month 9 a.m.- 12 Noon
FREE clothing, coats, shoes & accessories
Cindy Wright (Board Member) 419-484-8104

ASSISTANCE TO FAMILIES IN NEED CONT.

WSOS Child Development

Child Development Staff Office
321 S. Main St.
Clyde, OH 43410
419-547-3282

WSOS Community Action

109 S. Front St.
Fremont, OH 43420
419-334-8911

William Myers, LSW

501 W. Perkins Ave.
Sandusky, Ohio
419-621-8551
Help with behavior concerns of autistic children

WSOS Child Development

Child Development Program
800 Monroe St
Bellevue, OH 44811
419-483-6605

Stricker Family Development Center

7655 S. Buchanan St.
Fremont, OH 43420
419-334-8511

DEPARTMENTS OF JOB & FAMILY SERVICES (Children's Services)

Erie County Department of Job & Family Services

221 West Parish Street
Sandusky, OH 44870
(419) 626-6781

Sandusky County Department of Job & Family Services

2511 Countryside Drive
Fremont, OH 43420
(419) 334-8708

Huron County Department of Job & Family Services

185 Shady Lane Drive
Norwalk, OH 44857
(419) 668-8126 OR 1-800-668-5175

Seneca County Department of Job & Family Services

3362 South Township Road 151
Tiffin, OH 44883
(419) 447-5011

PARENTING EDUCATION AND SUPPORT

BELLEVUE

Firelands Counseling & Recovery Services
1400 W. Main St., Bldg. #1, Suite E
Bellevue, OH 44811
419-483-6516

HURON COUNTY

Firelands Counseling & Recovery Services
292 Benedict Avenue
Norwalk, OH 44857
419-663-3737
“Strengthening Families”- Parent piece only
No fee to attend

SANDUSKY COUNTY

Sandusky County Human Services
2511 Countryside Dr.
Fremont, OH 43420
419-334-8708
Call for more information

Firelands Counseling & Recovery Services
675 Bartson Road
Fremont, OH 43420
419-332-5524 (**Rachael Weatherby**)
“Incredible Years” & “Strengthening Families”
Call for more information

*The National Alliance on Mental Illness
(NAMI)- Seneca, Sandusky & Wyandot Counties*
219 S. Front Street
Fremont, OH 43420
419-334-8021 or 888-582-8889 (**Dennis Wolf**)
“Family to Family”- family members of persons with
mental illness
“Hand to Hand”- parents of children with behavioral,
emotional or mental disorders
“Peer to Peer”- persons with mental illness
Other support groups also available
Call for more information

ERIE COUNTY

Bayshore Counseling
1218 Cleveland Road
Sandusky, OH 44870
419-626-9156 (**Donna Kelley**)
Small Group & Individual Parenting Education
“The Incredible Years”
No fee to attend

Barker School

1925 Barker Street
Sandusky, OH 44870
419-627-8124 ext. 2105 (**Toni Deluca**)
Support group format with educational information
No fee to attend
Each class is 6 weeks long & only runs during the
school year

SENECA COUNTY

Patchworks House
42 Madison Street
Tiffin, OH 44883
448-0080 (**Barb Flood**)
Topics include: Communication,
Alternatives to Spanking/Hitting/Spoiling,
Co-Parenting, Building Children’s Self
Esteem, Family Rules, Stress Management
**See Brochure for explanation of classes
No fee to attend

Firelands Counseling & Recovery Services
76 Ashwood Road
Tiffin, OH 44883
419-448-9440
“Incredible Years” & “Strengthening Families”
Call for more information