BELLEVUE HIGH 2018-19 Lunch Menu										Follow the menu with its calendar day. Each week is represented by a color and represents a 5 week cycle menu														
		BBQ Pork Bowl		Taco Tuesday		Sub Bar		Build A Burger	D	Deluxe Chicken Sandwich		August-18							January-19					
MENU #1		Broccoli		Fiesta Beans	<u>~</u>	Tomatoes	rsday	French Fries		Celery	S	M	Т	W	Т	F	S	S	M	Т	W	Т	F	S
	Monday	Carrots	Tuesday	Carrots Cauliflower	Tomatoes Cole Slaw Banana / Pineap Chex mix	Cole Slaw		Cucumbers	Friday	Corn				1	2	3	4			1	2	3	4	5
	Jo Jo	Fruit Cup/Peaches		Juice/Pears		Banana / Pineapple	Jurs	Apple /Mixed Fruit		Applesauce / Craisins	5	6	7	8	9	10	11	6	7	8	9	10	11	12
		Garlic Breadstick		Cookie		Chex mix	Ē	Rice Krispie Treat		Milk	12	13	14	15	16	17	18	13	14	15	16	17	18	19
		Milk		Milk		Milk		Milk			19	20	21	22	23	24	25	20	21	22	23	24	25	26
MENU #2		Chicken Bowl		Chicken Nachos		Burito Bar	Thursday	Macaroni & Cheese	Friday	General Tso	26	27	28	29	30	31		27	28	29	30	31		28
		Tomatoes		Ranchero Beans	ag	Spinach Salad		Carrots/Peas		Rice														
	Monday	Cucumbers	uesday	Brussel Sprouts	esd	Plantains		Peaches		Broccoli/Oriental blend			Sept	emb	er-18	3				Feb	ruary	_/ -19		
	Mor	Raisins / Apple	Į į	Juice/Apricots	Wednesday	Oranges/Pears	hūr	Banana	Fri	Sorbet Cup	S	M	T	W	Т	F	S	S	M	Т	W	Т	F	S
		Dinner Roll		Pretzel Rod		Milk	_	Pretzel Rod		Pineapple Tidbits							1						1	2
		Milk		Milk				Milk		Milk	2	3	4	5	6	7	8	3	4	5	6	7	8	9
		Pasta Bowl		Build A Burger	Chips	Hot Dog Bar		Orange Chicken		Bosco Stix	9	10	11	12	13	14	15	10	11	12	13	14	15	16
MENU #3		Lima Beans	Tuesday	Sweet Potato Fries		Thursday	Egg Roll/ Rice	Friday	Marinara Sauce	16	17	18	19	20	21	22	17	18		20	21	22	23	
	<u>a</u>	Cauliflower		Tomatoes			Spinach Salad/Broccoli		Carrots	23	24	25	26	27	28	29	24	25			28			
	Monday	Juice		Craisins			Apple		Okra	October-18						Ma	larch-19							
	2	Applesauce		Fruit Mix			Peaches		Banana	S	M	Т	W	Т	F	S	S	M	Т	W	Т	F	S	
		Garlic Bread		Rice Krispie Treat			Fortune Cookie		Tropical Fruit Mix		1	2	3	4	5	6						1	2	
		Milk		Milk		Milk		Milk		Milk	7	8	9	10	11	12	13	3	4	5	6	7	8	9
MENU #4		Chicken Bowl	Tuesday	Boneless Wings		Salad Bar	ay	Beef Nachos		Quesadilla	14	15	16	17	18	19	20	10		12	13	14	15	16
	<u>_</u>	Tomatoes		Celery/Green Beans	day	Carrots		Red Peppers		Salsa	21	22	23	24	25	26	27	17	18	19	20	21	22	23
	Monday	Cucumbers		Mandarin Oranges	S Grapes	Thursday	Corn	Friday	Broccoli/Refried beans	28	29	30					24	25	26	27	28	29	30	
	Š	Apple Peaches		Banana			Juice/Mixed Fruit		Raisins					er-18						pril-1	9	_ 1		
		Dinner Roll		Cheetos			Pretzel Rod		Pineapple Tidbits	S	M	Т	W	T	F	S	S	M	T	W	T	F	S	
MENU #5		Milk		Milk Mini Gara Dana		Milk Paked Datata Par		Milk		Milk	4			7	1	2	3 10	7	8	2	10	11	12	13
		Southwest Bowl Hummus/Carrots		Mini Corn Dogs Cheese Potato	Baked Potato Bar Tomatoes Green Peppers Fruit Cup/Strawberries Pretzel Twist			Brunch For Lunch Hashbrown		General Tso Rice		12	13	14	15	1.0		1.1	1.5	9	10	11	12	20
	a a	Red Peppers	Tuesday	Cucumbers		Sep Veg. Juice Sep B		riday		11 18		20	21	22			14 21	22	70	24	25	19	27	
	Monday	Oranges/Applesauce		Apple/Pears			· ·		Pineapple Tidbits	25		27	21	29	30	24	28	20	30	24	23	20		
	Ž	Garlic Breadstick		Snack Mix			Mandarin Oranges	23	20		20	23	30		20	23	30		\dashv					
		Milk		Milk		Milk		Milk		Milk			Dec	emb	er-18	}				N	lay-1	9		\neg
BREAKFAST		Warm Breakfast		Breakfast Pastry		Warm Breakfast		Breakfast Pastry	_	Warm Breakfast	S	М	Т	W	Т	F	S	S	М	Т	W	Т	F	S
		Fresh Fruit	_	Juice	ay	Applesauce Cup	Thursday	Fresh Fruit	Friday	Juice					-		1				1	2	3	4
	ıday	Juice	sday	Raisins	esday	Juice		Juice		Applesauce Cup	2	2	1	_	6	7	0		6	7	0	0	10	11
	Mor		Tue	Milk	Wedn	Milk		Milk		7.pp.:00dd00 0dp		10	11	12	12	1.4	15	12	13	14	15	16	17	10
		Milk		IVIIIK	≥	IVIIIK		IVIIIK		Milk	9 16		10	10	20	21		12	13	21	12	16	24	18
											10	19	20	_		19	20	21	22	23	24	25		
LUNCH PRICES: Breakfast: All Schools \$1.50												23 24 25 26 27 28 29 26 27 28 29 30 31												
						Free and Reduced Applications are available at any school office or you may call the Food Service Department at 419-484-5190																		
										be made through Lunch PrePay, which can be found at:														
						Premium \$2.95	Dopartificiti at 417-404-3170				www.K12paymentcenter.com or on our website at: www.bellevueschools.org.													
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