

Bellevue Elementary News

Bellevue Elementary School 1150 Castalia St. Bellevue, Ohio 44811

March / April 2018

From the desks of the principals:

We hope that you and your family enjoyed participating in One School, One Book. When it comes to being read aloud to at home, more than eight in 10 children (83%) across age groups say that love(d) or like(d) it a lot—the main reason being it was a special time with parents.

"Independent reading, both at school and at home, builds successful readers," concludes Lois Bridges, Director of Educational Initiatives for Scholastic, in describing the report. "From our experience, we also know frequent reading leads to becoming a proficient reader, which helps a child thrive personally and academically."

Our grand-prize winners are Gracie Rohde, Bradon Spurlock, Jacob Hummel, Sydnee Pecina, Hunter Salyers, Carly Panyard, Kendall Smith, Khloe Jenkins, Hope Kutz, Easton Heuser, Aubrey Duncan, and Michael Finley. They will be visiting the Candy Depot and Gilbert's Place on March 2nd to make Chocolate Candies and Fizzy Lifting Drinks.

Our mini iPad winners are: Derrick Holmer and Dalton Weiker

Thank you for helping to make One School, One Book a memorable experience! Thank you to our sponsors for 2018: Mel and Jeanie Miller, Martha Holden Jennings, BUSF, Huron County Grant foundation and a few other organizations and businesses.

With Children at Heart,

Mrs. Turner Principal	Mrs. Coppus Principal	Mrs. Veletean Ass't Principal &

A Look Ahead

March

March 6 K, Here We Come
March 8 3rd Gr Music Program
March 8 Cookie Dough Delivery
March 9 Mother/Son Movie
March 13 Early Childhood Conn.
March 14 PTO—In K pod at 4
March 17 Father/Daughter Dance
March 19 6-8pm BMS Digital Empowerment Parent Night—
childcare free
March 20 1st - Grandparent's Day
March 21 2nd - Grandparent's Day

March 26– April 2nd Spring Break

March 23 K—Grandparent's Day

Apri

April 4-6 Kindergarten Reg.
April 6—Grade Cards go home
April 10 AIR ELA 3rd & 4th
April 11 AIR ELA 5th
April 11 PTO in K pod at 4
April 12 AIR ELA 3rd & 4th
April 18 AIR ELA 5th
April 24 AIR Math 3rd & 4th
April 24 2nd grade field trip
April 25 AIR Math 5th
April 25 KBa, KBi, —Field Trip
April 26 AIR Math 3rd & 4th
April 27 AIR Math 5th

Let's Start Talking about Mental Health & the Opioid Epidemic

It is true... both these subjects have typically been considered "taboo" to talk about. They are very difficult subjects, but the truth is, they are more prominent in our society now than ever before. In fact, approximately 1 in 5 adults in the US (43.8 million- 18.5%) experiences mental illness in a given year and approximately 1 in 5 youth age 13-18 (21.4%) experiences a severe mental disorder at some point during their life. www.nami.org

The numbers concerning our current Opioid Epidemic are just as bleak. Opioids are "a class of drugs that include the illicit drug heroin as well as the licit prescription pain relievers oxycodone, hydrocodone, codeine, morphine..." Of the 20.5 million Americans 12 or older that had a substance use disorder in 2015, 2 million were from prescription pain relievers and 591,000 involved heroin. www.asam.org

To me, those numbers are SHOCKING! Therefore, Bellevue City Schools has decided it is time to Start Talking about these subjects. To do so, we have partnered with all three of our area Mental Health Agencies (Cornerstone Counseling, Family Life Counseling and Firelands Counseling and Recovery Services). Cornerstone has helped bring some of our wonderful presentations to our district including the Megan Meier Foundation regarding bullying, cyberbullying and suicide.

Family Life Counseling now has a mental health specialist in each of the three buildings to help meeting the needs of our students. Caitlyn Zoeller- LPC, is currently at BES on Mondays (all day), Tuesdays from 12:00p.m.-3:45p.m and Fridays from 9:30a.m.-1:15p.m. They accept Medicaid and most insurances. You may stop in during her office hours to speak with her or call Miss Lubinski (419-484-5115) or Mrs. Sabo (419-484-5149) regarding a referral for these services.

Firelands Counseling will also be present in our buildings. Their mental health counselors will be sitting with students during their lunch periods to have open, honest conversations about the issues students feel are affecting them most. We will then make decisions about programs and ways to help, from the feedback we receive.

Did you know... Children of parents who talk with their teens about drugs are 50% less likely to use??? Please join with us and our area mental health agencies to START TALK-ING! It's our first line of defense to reduce and further prevent more mental health and drug issues in our community.

Mrs. Jill Miller MSSA, LSW- District Social Worker

NO SCHOOL

Monday, March 26th—Monday, April 2nd.

Return on Tuesday, April 3rd

