

ATHLETIC PHYSICALS FOR 2017-2018 SCHOOL YEAR

GIRLS & BOYS: WEDNESDAY, MAY 31 (times stated below)

1. Any student, currently in grades 7-11, who wishes to participate in athletics for the 2017-2018 school year will have the chance to obtain a FREE physical donated by the Bellevue area nurses, physical therapists, and physicians on **MAY 31**.

Physical packets will be available in the high school and middle school office starting on Monday, May 15. All forms in the envelope must be filled out completely and signed by both the parent and the athlete where necessary. No physicals will be given if the information is not filled out correctly and signed appropriately.

2. **All Physicals will be given at The Bellevue Hospital.** Boys & Girls will all receive physicals on the same night at the Bellevue Hospital. We ask all athletes and parents to follow the time schedule below for reporting to the physical site.
3. **No athletic physical will be given to any student who has participated in any physical activities immediately prior to the physicals.** Physical activity or sporting involvement should cease by 3:00 p.m. on this day. This means no weights, open gyms, games, leagues, practices, etc. No one will be given a physical if they come in hot, sweaty, or exhausted.
4. **Seniors** will be given their physicals from **5:00 p.m. to 5:20 p.m.**
Juniors will be given their physicals from **5:20 p.m. to 5:45 p.m.**
Sophomores will be given their physicals from **5:45 p.m. to 6:15p.m.**
Freshmen will be given their physicals from **6:15 p.m. to 6:55 p.m.**
Eighth Grade students will be given their physicals from **6:55 p.m. to 7:30 p.m.**

Incoming 7th grade students will not be given a physical. 7th grade students are required to schedule and receive a physical examination by their family doctor before entering school athletic participation for the first time.

5. **All forms in the physical packet must be signed by the student and his/her parents before a physical will be given.** The forms included are:
 - OHSAA Pre-participation Physical Examination Form
 - OHSAA Authorization Form (two-sided)
 - Student Insurance Waiver
 - Emergency Medical Authorization Form
 - Media Release/Authorization
 - Risk of Injury Release
 - Concussion Information Release Sheet
 - Drug Testing Consent Form
 - ImPact Testing Consent Form

